

Safeguarding at Sandwell Academy

Latest advice for parents and carers

Issue 2 - July 2022

Welcome to our summer edition of the Newsletter from the Sandwell Safeguarding Team. We aim to bring you all the latest, relevant help and advice on issues we feel will be of importance to you.

Who to contact if you have a concern about a young person

If you are worried about a young person's safety, please do not hesitate to contact any of the Designated Safeguarding Leads.

The following members of staff are Designated Safeguarding Leads for Sandwell Academy:

Mrs Jones (DSL)

Mrs Adams (DDSL)

They can be contacted via email or by telephone on 0121 5251700

If you have a safeguarding concern when the school is closed contact Sandwell Safeguarding Team on 0121 569 3100.

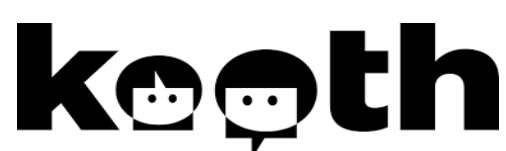
In an emergency please call 999.

For a copy of our Safeguarding and Child Protection Policy, please visit the 'Useful Documents & Policies' page on our website.

Our Safeguarding Governor is **Ms Hall**. Her responsibilities include:

- Ensuring the academy is following safe recruitment procedures and reviewing all activity and policy relating to the well-being of students.
- Seeking improvement to ensure the academy follows best practice in creating a safe environment for all.

Summer holidays can be a really exciting time, you might have a holiday booked that you've been looking forward to. But for some young people, the holidays can be a difficult time. However you feel, talking about it can really help. Young people can speak to [Childline](#) about anything that's worrying them. . Others places you can also contact are below



Kooth is a free anonymous place for young people to find online support and counselling.

<https://www.kooth.com/>



Young Minds offers support for children struggling with their mental health. Advice and guidance is also available for parents.

<https://www.youngminds.org.uk>



If you are feeling down, anxious or stressed, the Kaleidoscope Plus Group offer a free text line service 24/7.



Forward Thinking Birmingham provide a wide range of contacts in order to support people aged 0-25yrs. Support for anger, ADHD, Anxiety and Eating disorders are available.

Are all your contact details up to date?

If you change your home phone/email/mobile number, please let the school know, so that we have the most up-to-date contact details. Please email your child's personal tutor once information received in the summer mailing.

Online Safety

Steps you can take to help keep your child safer online:

Have an ongoing conversation: Continue to talk about the apps, games and sites they like to use, and what they like and don't like and any concerns about being online.

Discuss with them when to unfollow, block or report. For help starting this conversation, read <https://www.thinkuknow.co.uk/parents/articles/having-a-conversation-with-your-child/>

Make sure they know where to go for support: Remind your child they can always speak to you or an adult they trust if anything happens online that makes them feel worried or upset. Remind them that they won't be in trouble at that you are there to help.

Young People Eating For Less

Asda

Children across England and Wales can eat for just £1 in Asda Cafés and there is no minimum spend for adults.

This scheme starts from 25th July and goes on until 4th September and is valid at any time of day, seven days a week.

Bella Italia

On weekdays, children aged 2-11 can eat for just £1 during the summer holidays.

Adults will have to buy one meal to get the deal and it's available between 4pm and 6pm.

Morrisons

If you're heading to Morrisons to get your weekly shop, then why not grab your kids a totally free meal.

Children up to the age of 16 can eat a free lunch or dinner when you spend £4.99 in store, with one free kids' meal redeemed per adult.

What's On In Sandwell?



<https://www.discover sandwell.co.uk/>

Want to boost your well-being during Summer?

Free swimming in Sandwell

The council provides free swimming for:

- Children under eight accompanied by a paying adult
- Children aged 18 and under during school holidays

Local Food Banks

Food Banks are available across Sandwell to help any person or family in need. Children in receipt of free school meals will be issued vouchers to spend, in a local supermarket of choice.

Salma Food Bank, Smethwick, <http://SALMA-FOODBANK.ORG>

Smethwick Food Bank- Holy Trinity Church, Church Hill St, Smethwick B67 7AH

West Bromwich Community Church- 23 Victoria St, West Bromwich B70 8EX

Breaking Bread Foodbank- Walsall St, Wednesbury WS10 9BY

Champions Church- Cinder Bank, Netherton, Dudley, West Midlands, DY2 9BG,
championskitchen@champions.org.uk